Botanical Name: Cissus trifoliata
Common Name: Arizona Grape Ivy



Family: Vitaceae

Habitat: Along washes and in canyons

Native Distribution: Southern Arizona and Mexico

Elevation: 3,000 to 5,000 ft

Hardiness: 25°F Type: Evergreen

Size: 15-30' tall x 10' wide

Shape: Twining

Growth Rate: Moderate

Flowers: Inconspicuous Bloom Season: Summer

Fruit: ¼" black inedible "grapes" follow bloom

period

Foliage: Either 3" three-lobed leaves or three 3"

leaflets

Exposure: Full sun to shade

Shade: None

Water Requirements: Low

In the Landscape: Cissus trifoliata makes an excellent sprawling groundcover in Phoenix xeriscapes, or it can be allowed to climb and cover walls, chain link fences, or trellises if given support. Plant under a desert tree and let it climb for a lush look. Low maintenance.

Wildlife: N/A

Other Stuff:

- Cissus trifoliata will freeze to the ground in the lower 20s, but will quickly recover.
- Arizona Grape Ivy spreads by underground tubers, which can be poisonous and cause a skin rash in some people.
- Arizona Grape Ivy is an excellent choice for covering block walls.

